

Terminplan zur Darmsanierung - 1 Monat

| Tag | Morgen früh (nüchtern) -1h | Morgens | Mittags | Abends |
|-----|-------------------------------|---|------------------------|---|
| 1 | 5 ml Colloidales Silber | 1 Colon Formula 1 Paracleanse 1 MSM | 1 Paracleanse 1 MSM | 1 Colon Formula 1 Paracleanse 1 MSM |
| 2 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 2 MSM 1 | Paracleanse 2 MSM 1 | Colon Formula 1 Paracleanse 2 MSM 1 |
| 3 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 3 MSM 1 | Paracleanse 3 MSM 1 | Colon Formula 1 Paracleanse 3 MSM 1 |
| 4 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 2 | Paracleanse 4 MSM 2 | Colon Formula 1 Paracleanse 4 MSM 2 |
| 5 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 2 | Paracleanse 4 MSM 2 | Colon Formula 1 Paracleanse 4 MSM 2 |
| 6 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 2 | Paracleanse 4 MSM 2 | Colon Formula 1 Paracleanse 4 MSM 2 |
| 7 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 3 | Paracleanse 4 MSM 3 | Colon Formula 1 Paracleanse 4 MSM 3 |
| 8 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 3 | Paracleanse 4 MSM 3 | Colon Formula 1 Paracleanse 4 MSM 3 |
| 9 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 3 | Paracleanse 4 MSM 3 | Colon Formula 1 Paracleanse 4 MSM 3 |
| 10 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 4 | Paracleanse 4 MSM 4 | Colon Formula 1 Paracleanse 4 MSM 4 |
| 11 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 4 | Paracleanse 4 MSM 4 | Colon Formula 1 Paracleanse 4 MSM 4 |
| 12 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 4 | Paracleanse 4 MSM 4 | Colon Formula 1 Paracleanse 4 MSM 4 |
| 13 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 5 | Paracleanse 4 MSM 5 | Colon Formula 1 Paracleanse 4 MSM 5 |
| 14 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 5 | Paracleanse 4 MSM 5 | Colon Formula 1 Paracleanse 4 MSM 5 |
| 15 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 5 | Paracleanse 4 MSM 5 | Colon Formula 1 Paracleanse 4 MSM 5 |

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|-----|-------------------------------|---|------------------------|---|
| 16 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 4 | Paracleanse 4 MSM 4 | Colon Formula 1 Paracleanse 4 MSM 4 |
| 17 | 5 ml Colloidales Silber | Colon Formula 1 Paracleanse 4 MSM 4 | Paracleanse 2 MSM 4 | Colon Formula 1 MSM 4 |
| 18 | 5 ml Colloidales Silber | Colon Formula 1 MSM 4 | MSM 4 | Colon Formula 1 MSM 4 |
| 19 | 5 ml Colloidales Silber | Colon Formula 1 MSM 3 | MSM 3 | Colon Formula 1 MSM 3 |
| 20 | 5 ml Colloidales Silber | Colon Formula 1 MSM 3 | MSM 3 | Colon Formula 1 MSM 3 |
| 21 | 5 ml Colloidales Silber | Colon Formula 1 MSM 3 | MSM 3 | Colon Formula 1 MSM 3 |
| 22 | 5 ml Colloidales Silber | Colon Formula 1 MSM 2 | MSM 2 | Colon Formula 1 MSM 2 |
| 23 | 5 ml Colloidales Silber | Colon Formula 1 MSM 2 | MSM 2 | Colon Formula 1 MSM 2 |
| 24 | | Colon Formula 1 MSM 2 | MSM 2 | Colon Formula 1 MSM 2 |
| 25 | | Colon Formula 1 MSM 2 | MSM 2 | Colon Formula 1 MSM 2 |
| 26 | | Colon Formula 1 MSM 2 | MSM 2 | Colon Formula 1 MSM 2 |
| 27 | | Colon Formula 1 MSM 1 | MSM 1 | Colon Formula 1 MSM 1 |
| 28 | | Colon Formula 1 MSM 1 | MSM 1 | Colon Formula 1 MSM 1 |
| 29 | | Colon Formula 1 MSM 1 | MSM 1 | Colon Formula 1 MSM 1 |
| 30 | | Colon Formula 1 MSM 1 | MSM 1 | Colon Formula 1 MSM 1 |